

# LENTEN ANGLICAN ROSARY

During the [season of Lent](#), many Christians give up certain luxuries or engage in acts of self-discipline, such as fasting or prayer, as a way of drawing closer to God. Prayer can be a particularly helpful tool during the observance of Lent, as it allows us to reflect on our own shortcomings and ask for guidance and forgiveness.

Through prayer, we can deepen our relationship with God and gain a greater sense of clarity and purpose as we seek to live out our faith in the world. Whether through communal prayer with others in our faith community or private reflection on our own, the act of prayer can help us to focus our minds and hearts on the spiritual significance of the Lent season, and to grow in our understanding of ourselves and others.

Below you will find a prayer we created for use with the [33-bead Anglican Rosary](#), this prayer can also be used for a daily devotion during Lent.

## Lent Prayer for the Anglican Rosary

If you would like guidance for praying with Anglican Prayer Beads please reference [our guide](#) for instruction on how to pray with beads and their symbolism.

To begin this prayer start at the bottom of the rosary by holding the cross, then work your way up and around the loop of beads as guided below.

### The Cross

Heavenly Father, during this Lenten season, I come before you with a humble heart, seeking your grace and mercy.

### The Invitatory Bead

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and will be forever. Amen.

### The Cruciform Beads

I know that I have sinned and fallen short of your glory, and I ask for your forgiveness and guidance as I strive to become a better follower of Christ.

### The Weeks Beads

As I journey through these 40 days of Lent, help me to reflect on Jesus' sacrifice on the cross and the love that led Him there. May I use this time to examine my life and identify the areas where I need to grow and change.

May I remember that Lent is not just about giving up things, but about giving myself more fully to you. Help me to focus on prayer, fasting, and almsgiving, and to use these practices to draw closer to you and to those around me.

### The Last Cruciform Bead

I pray for strength and perseverance as I face the challenges of the Lenten season. May I be reminded that I can do all things through Christ who strengthens me.

### The Dismissal Bead

(Invitatory Bead)

Most of all, I pray for your grace and love to guide me throughout this Lenten journey and beyond. May I continue to grow in faith, hope, and love, and may I always seek to follow your will in all that I do.

### The Cross

I ask all these things in the name of Jesus Christ, my Lord and Savior.

Amen.

## Additional Prayers

Prayer is a powerful tool that can bring comfort, guidance, and strength to our lives, and I encourage everyone to explore the many different types of prayers that are available, the [prayer resources](#) on our blog, and discover new ways to enhance your spiritual connection with God.

