

Keeping a Holy Lent



Ash Wednesday



March 1, 2017

- 7:00 a.m. Holy Eucharist with Imposition of Ashes
- Noon Holy Eucharist with Imposition of Ashes
- 6:00 p.m. Soup Supper
Free-will offering for dinner; please **bring fruit or bread to share.**
- 7:00 p.m. Holy Eucharist with Imposition of Ashes

The Ash Wednesday exhortation calls us “to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting and meditation on God’s Holy Word.”

We observe the Lenten discipline individually and as a community through fellowship, study, prayer, fasting, almsgiving, self-examination and confession.

You are invited to make use of the following worship and program offerings in keeping your Lenten discipline.

LENTEN ALMS

During Lent a special alms box will be present at all services and in the Parish Hall. The alms collection will be given to support the ministry at **Care and Counseling.**

WEEKDAY WORSHIP DURING LENT

All weekday worship services are held in the Chapel.

Wednesdays 12:00 p.m. Noonday Eucharist

If you live or work close enough, we invite you to take a break from your stressful weekday schedule and join us for quiet, intimate, and relaxed worship and fellowship. We are usually done in about half an hour and yet the spiritual benefits can last all week - and beyond.

Fridays 7:00 a.m. Holy Eucharist

Start your day off right with a celebration of the Eucharist. This is a quiet service lasting about 30 minutes. The clergy of the parish share in celebrating these Lenten services. No breakfasts are being planned at this time although guest chefs are welcomed.

WEDNESDAY EVENING PROGRAMS

March 8 – March 29

Soup Supper at 5:30 p.m.

Lenten Program for adults & children (4-11) at 6:30 p.m.

Nursery for 0-3 yr. 6:25-7:40 p.m.

Cherub Choir at 6:00 p.m.

Junior Choir at 6:30 p.m.

Compline 7:25-7:35 p.m.

Come for a soup at 5:30 p.m. and then break into hour-long small groups of all ages for four weekly sessions. We'll conclude the evening with Compline (a brief prayer service) at 7:25 p.m. This is an opportunity to strengthen the ties of fellowship, while learning something new and contributing your own ideas and insights to the community.

CLASSES FOR ADULTS:

1. Spiritual Gifts: The Rev. Doris Westfall

Everyone has at least one spiritual gift and certain people have a constellation of them. This four week program will look at what scripture has to say about spiritual gifts, what they are, how we can identify them in ourselves and others, and how we use them both individually and together to fulfill God's will for our life and the life of our faith community. Each person will take a spiritual gift inventory to learn which gift (s) they have and how their ministries and the ministries of Emmanuel Church can be enhanced through their use.

2. Bible Study: The Sermon on the Mount: Andrew Bleyer and Matt Schunke –

In this class we will study the Sermon on the Mount and what it can tell us about the Kingdom of God. We will begin by looking at the Sermon within the context of the Gospel of Matthew and then consider what calling it might have for us in our current context.

Presenters:

The Rev. Doris C. Westfall MDiv – Interim Rector of Emmanuel Church.

Matt Schunke PhD – A faculty member in Philosophy at Southern Illinois University Edwardsville, Matt's research focuses on Philosophy of Religion. He teaches courses including Philosophy of Religion, World Religions, and Christian Thought.

Andrew Bleyer MDiv, JD – Andrew is an attorney with a practice focused on tax and estate planning. Before becoming an attorney, Andrew's background was in philosophy and theology.

WEDNESDAY LENTEN PROGRAM FOR KIDS AGES 4-11

6:25- 7:40—All kids ages 4 to 11 are invited and encouraged to join in the fun and educational activities based on Lenten themes.

Stories, Crafts, videos, and a homework table will be available in a friendly setting while parents are freed up to attend classes.

Parents please sign up your children in the dining room if they plan to attend

Please note: Cherub and Junior Choirs will meet at the usual, times of:

6:00-6:25 p.m. Cherub Choir

6:30-7:15 p.m. Junior Choir

Choristers will be escorted back and forth to their rehearsals during that time.

There is NO choir rehearsal for kids **March 1**.

Children will join their parents at 7:25 p.m. for Compline.

Nursery Care for Children 3 and Under
1st Floor Nursery Open 6:25p.m.–7:40 p.m.

SUNDAY WORSHIP & CHRISTIAN FORMATION

March 5 through April 2

- 8:00 a.m. Holy Eucharist (Rite I)
- 9:00 a.m. Holy Eucharist (Rite II) with Penitential Order
- 10:10 a.m. Coffee & Community in Dining Room
- 10:15 a.m. Rite 13 for Junior High students
Journey to Adulthood (J2A) for Sr. High students
- 10:30 a.m. **Christian Education for all ages:**
- FaithQuest (Church School)
for ages 3 – Fifth Grade
 - Adult Forum in the Dining Room
 - Adult Bible Study in Room 214
- 10:30 a.m. Holy Eucharist (Informal, Rite II)
- 5:30 p.m. Holy Eucharist (Informal, Rite II)



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SUNDAY ADULT FORUMS

10:30 a.m. in the Dining Room

March 5 – April 2

Journeys through Lent

There are many ways our spirits can be refreshed during Lent. Each of our speakers will illuminate a path to spiritual growth and healing through liturgy, the arts, scripture and therapy.

March 5 – Mind and Spirit – The Rev. Amy Bertschhausen MDiv , BCC, Executive Director of Care and Counseling, will weave together **Mark 12:30-31** (the two great commandments)—where they are distinct yet overlap and are always whole

March 12 – Holy Week Liturgies as seen from Behind the Altar. Katherine Zeigler others - From the foot washing basins to the Resurrection chalice, the many vessels, linens, banners, crosses, and other props of Holy Week tell the story of Christ and his disciples. They also tell our stories. Katherine will lead some of those who prepare for our services in a behind the scenes look which will enhance your experience of the Holy Week Liturgies.

March 19 – Homegrown Spiritual Practices for Lent.

Donna Erickson will lead us in reflections and “homemade spiritual meditations” that have been meaningful to her. And she will explore simple paths to God that we might try such as using images or texts that are meaningful to use. All this you can try at home!

March 26 – Music of Holy Week and Easter – Classical Music Critic for the St. Louis Post Dispatch, and lifelong member of St. Peter’s Ladue, Bryan Miller, will join us. She will speak to us about the special music we hear during Holy Week and Easter.

April 2 – Praying the Psalms – The psalms: a window to God’s justice presented by Dr. Clint McCann, Evangelical professor of Biblical Interpretation at Eden Seminary. Dr. McCann will explore psalms and the various ways they speak to us about justice.

HOLY WEEK SERVICES AND EASTER

Palm Sunday April 9, 2017

8:00, 9:00, & 10:30 a.m. and 5:30 p.m. **Holy Eucharist**

Monday, Tuesday and Wednesday of Holy Week

6:00 pm **Holy Eucharist** in the Chapel

Maundy Thursday, April 13, 2017

6:00 pm **Dinner** (RSVP 961-2393)

7:00 pm **Holy Eucharist** with Foot Washing and Stripping of the Altar

9:00 pm Thursday—7:00 am Friday **Prayer Watch** in the Chapel

Foot Washing: As a symbol of our servant-hood in Christ, we will observe his commandment to wash one another's feet.

Prayer Watch: On the night before He was handed over to die, Jesus took his disciples to pray in the Garden of Gethsemane and asked them to stay awake with him "one hour" while he faced what he knew he must do. We accompany Christ by keeping watch in our own chapel all night, beginning at 9:00 p.m.

Parishioners are encouraged to signoup for a one-hour shift for "the watch".

Good Friday, April 14, 2017

7:00 a.m. **Good Friday**

12 noon **Proper Liturgy of Good Friday**
(with reading of the Passion)

7:00 p.m. **Tenebrae Service at Christ Lutheran**

Holy Saturday, April 15, 2017

9:00 a.m. **Holy Saturday Liturgy**

7:45 p.m. **Great Vigil of Easter with Holy Baptism**
(Bring bells to ring!)