

SERENTIY ANGICAN ROSARY PRAYER

The Serenity Prayer is a powerful prayer to help you find guidance, peace, and strength during tough times. The prayer goes like this:

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

You can use it when you're feeling stressed or going through a tough situation. It reminds you to focus on what you can change and let go of what you can't. You can use it in many situations, like when you're facing a personal challenge, struggling with addiction, dealing with grief, or just looking for guidance in your daily life.

It's all about accepting what can't be changed, finding the courage to change what you can, and seeking wisdom to know the difference.

Using the Serenity Prayer with Prayer Beads

This Serenity prayer may be recited while using [Anglican prayer beads](#) or used as a daily devotion. Check [our guide](#) on how to pray the Anglican rosary.

The Cross

God take and receive my liberty, my memory, my understanding and my will.

The Invitatory Bead

All that I am and all that I have you have given me.

The Cruciform Beads

(The Lord's Prayer)

Our Father, which art in heaven,

Hallowed be thy name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the Kingdom,

and the power, and the glory,

forever and ever. Amen.

The Week Beads

God grant me serenity to accept the things I cannot change,

Courage to change the things I can, and wisdom to know the difference.

The Last Cruciform Bead

Let me live one day at a time and enjoy one moment at a time.

The Dismissal Bead

(Invitatory Bead)

Let me accept hardships as the pathway to peace taking this world as it is, not as I would have it.

The Cross

Let me trust that you will make all things right if I surrender to your will. Amen.

About The Prayer

The Serenity Prayer was originally written as a formal sermon by Reinhold Niebuhr, an American theologian, in the early 1930s. The prayer has since become widely known and used by people of many different backgrounds and beliefs as a source of comfort, guidance, and inspiration in times of need.

